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Bulletin

OF THE

National Tuberculosis Association

Vol. IX MAY, 1923 No. 5

Who's Going?

The N. T. A. Special is a "go" from present observation. Between 75 and 100 people have indicated their intention of going from Chicago or points east, and as many from points west of Chicago up to and including Albuquerque. There are still a number of people who are thinking of going or planning to go who have not notified the National Association of their plans.

It is extremely important that everyone who is planning to take the N. T. A. Special to Santa Barbara from any point en route notify the office of the National Association immediately in order that proper train reservations may be made. In notifying the office of the National Association please indicate what Pullman space is desired, that is, lower berth, upper berth, drawing-room compartment, etc. Every possible effort will be made to reserve space requested, but because of the limitations of Pullman cars this cannot always be done.

The main thing now is to lose no time if you are going to the meeting.

Southern California Sight Seeing

As pointed out in the March BULLETIN, the "N. T. A. Special" for Santa Barbara will arrive in Los Angeles on Saturday afternoon, June 16th. For all of those who are attending the Santa Barbara meeting, except the state secretaries and members of the American Sanatorium Association, this will give three and a half days of leisure to see the sights in southern California. State secretaries are requested to be in Santa Barbara Monday morning for a two-day preliminary conference. The American Sanatorium Association meeting is at Santa Barbara on Tuesday. The Annual Meeting proper begins on Wednesday morning, June 20th.

The Los Angeles Tuberculosis Association and the Barlow Sanatorium are extending special courtesies to those who are attending the meeting. If you wish to see sanatoria and other tuberculosis agencies in and around Los Angeles, of which there are a very considerable number, it is desirable that you notify at once the secretary of the Los Angeles Tuberculosis Association, Miss Sidney Maguire, 522 Chamber of Commerce Bldg., Los Angeles, Cal. Miss Maguire will make arrangements for entertainment of parties while in Los Angeles and will be glad to serve as an information bureau for those who wish to know about points of interest.

For those who do not wish to visit tuberculosis institutions or agencies, the following schedule is one of many that might be suggested for giving a rapid survey of some of the wonders of southern California.

Sunday, June 17th—take the Orange Empire, all-day trolley trip on the Pacific Electric. This trip will cover the principle points of interest in southern California taking in Riverside, San Bernardino, Pasadena and most of the other show places.

Monday, June 18th—trip to the Santa Catalina Islands. By electric, 40 miles to San Pedro and by boat to Catalina. This is an all-day trip. Catalina is the fairlyland of the southern California Pacific resorts.

Tuesday, June 19th—take a sight-seeing trip around Los Angeles, or another Pacific electric tour through the Missions and the city of Santa Barbara, taking in Hollywood and the motion-picture studio section.

The Pacific Electric Company, Los Angeles, will send detailed information about trips on request. Sight-seeing busses can be arranged for at any of the prominent hotels.

It is also suggested that those who are planning to stay in Los Angeles from Saturday until Tuesday evening make hotel reservations early. The following hotels may be recommended as of reasonable prices and centrally located: The Alexandria, The Clark and The Rosslyn. The Ambassador, one of the leading hotels in Los Angeles, is somewhat more expensive than those listed above, and is not so centrally located.

Syndicated Newspaper Articles to State and Locals

By special arrangement with the New York Tuberculosis Association and the New York *Evening Mail*, the National Tuberculosis Association announces a syndicated newspaper service for state and local associations.

Dr. Beatrice S. Herben of the staff of the New York Tuberculosis Association furnishes a health service three times a week to the New York *Evening Mail* entitled "How to Live Long," and one to the *Bronx Home News* and the *Harlem Home News* entitled "Call the Doctor." She also supplies a weekly service to theatre programs used in New York City, and a monthly service to a number of leading house organs in the greater city. The National Association has contracted with the New York Association and the newspapers involved, to secure these articles for syndicating throughout the country. The health information contained in the articles is exceedingly valuable and Dr. Herben's style is unusually interesting and appealing to newspaper readers.

The service is offered to state and affiliated associations for a nominal fee. In return it will furnish the three articles run each week in the "How to Live Long" and "Call the Doctor" departments. The articles if used by tuberculosis associations must be signed with Dr. Herben's name, although the name of the tuberculosis association need not necessarily appear. Another general heading for the articles must also be substituted. The service must be offered free to local newspapers as the New York Association furnishes the material free to the New York papers.

Some of the subjects covered by Dr. Herben so far have been: How to Prevent Pneumonia; Control of Influenza; Are Colds Ever Dangerous; Grim Fairy Tales for Children; Do Your Children Pay a Daily Income Tax; Water; Shoes and Feet; Scarlet Fever; "I Am No Longer Pretty"; Fatigue; Diet and Foods; Baby Hygiene; What You Should Know About Doctors.

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Entered as second class mail matter, October 21, 1914, at the Postoffice at New York, N. Y., under the Act of August 24, 1912.

Father Time has his eye on you! Hold him back by keeping healthy. Keep healthy by obeying Mother Nature.

SLIDE FROM THE "SILENT TALK," ENTITLED "MOTHER NATURE, M.D."

"Silent Talk" on Tuberculosis

A "silent talk" entitled "Mother Nature, M.D.," consisting of 27 lantern slides dealing with general health has been prepared by Jonathan A. Rawson in New York in collaboration with the publicity department of the National Tuberculosis Association.

No lecturer is required to explain the lantern slides. All the slides are beautifully colored, and most of the texts are illustrated. The talk deals with the subjects of food, exercise, rest, fresh air, periodical physical examinations and has been especially prepared to appeal to the average popular audience. Orders or requests for detailed information regarding the talk should be addressed to Mr. Jonathan A. Rawson, 18 East 37th Street, New York.

A New Series of Posters

Through the courtesy of the New York Tuberculosis Association, the National Association is able to offer to state and local organizations throughout the country a poster service of unusual excellence.

The New York Association has been able to secure the services of Le Roy Baldridge, an artist of international reputation, at an exceedingly low cost owing to Mr. Baldridge's interest in tuberculosis work. The Association in turn has given the National Association the use of its poster plates for a moderate consideration. It is, therefore, able to offer a series of posters by Baldridge, in black and white, at a remarkably low price. An illustration of one of the posters appears on this page. They will be a quarter-sheet in size, that is, 15 x 21. The narrow panel where the New York Association's name now appears will be left blank and if an imprint is desired, it can be made in lots of 1,000 or more, at a slight increase in cost.

Six posters will probably make up the series. They have been designed for use in stores, factories, railroad stations, churches and other public places. For prices and further details regarding the posters kindly address the editor of the BULLETIN, National Tuberculosis Association, 370 Seventh Avenue, New York.

Changes in Nominating Committee

The nominating committee of the National Tuberculosis Association which will present to the Board of Directors nominations for directors to serve for the term ending with the Annual Meeting in 1925 has been changed as follows: Dr. C. C. Browning, Chairman, Los Angeles, Cal.; Dr. Ralph C. Matson, Portland, Ore.; Mr. John A. Kingsbury, New York City; Dr. Alfred Henry, Indianapolis, Ind.; Dr. Henry Boswell, Sanatorium, Miss.; Dr. Edward O. Otis, Boston, Mass.

ONE OF THE SERIES OF POSTERS DESCRIBED ON THIS PAGE

Modern Health Crusade
DEPARTMENT

Tournament Trophies Won by 198 Schools

One hundred and ninety-eight schools in all sections of the country have won honors in the National Tournament in health knighthood which closed the last Saturday in February. This is by far the biggest tournament that has ever been held during the first term of the school year. Ten banners will be awarded to schools in Arkansas, Idaho, Illinois, Michigan and Texas for the performance of the greatest average number of health chores in their respective divisions. One hundred and eighty-eight pennants will be presented to schools in Colorado, Florida, Idaho, Illinois, Kansas, Michigan, Missouri, Montana, Pennsylvania, South Dakota, Texas, Utah and West Virginia whose pupils performed 75% of the health chores each week during the tournament period.

Several schools which sent in their records for consideration in the tournament failed to win a national pennant because of the omission of the weekly bath chore by some of the pupils. This is in many cases a difficult chore to perform, but it *is* performed by hundreds of children who do not enjoy the luxury of a bathtub in their homes. A little Italian girl who lives in a very poor shack in one of the manufacturing towns of Massachusetts takes her bath once or twice a week by putting a wash basin in the middle of the kitchen floor. She heats her own water on the stove, and then, sitting on the edge of a chair and beginning with her feet, "works up" until she has had an "all-over" wash. A Pueblo Indian boy Crusader takes his bath in the almost icy river which flows at an altitude of over 4,000 feet near his home. Where there is a will there is always a way.

There are two National Tournaments in a school year, each lasting over a period of 15 consecutive weeks. The first tournament takes place between the first Sunday in September and the last Saturday in February; the second, between the first Sunday in January and the second Saturday in June. Any consecutive 15 weeks in either or both periods may be chosen by the teacher over which to submit her class records, but none of the days in January or February may be counted for both first and second tournaments.

Banner-Winning Schools, with Their Teachers

Div. I. Freedom School, Freedom, Ark. Mrs. Mattie Baker.
Div. II. Pioneer School, Rupert, Ida. Margaret Velleas.
Div. III. Grades 1 and 2. Little Brick School, Bloomington, Ill. Mrs. Ora Weekly.
Div. IV. Grades 1 and 2. Lincoln School, Du Quoin, Ill. Mrs. A. L. Anderson.
Div. V. Grades 3 and 4. Bellaire School, Bellaire, Tex. Laura Todd.
Div. VI. Grade 4. Our Lady of Help, Detroit, Mich. Sister M. Winifred.
Div. VII. Grade 6. Saint Joseph, Detrot, Mich. Sister M. Eulalia.
Div. VIII. Grade 6. Our Lady of Help, Detroit, Mich. Sister M. Ambrosa.
Div. IX. Grades 7 and 8. Lovejoy School, Mound City, Ill. M. E. Greensbury.
Div. X. Grade 8. Pinckneyville School, Pinckneyville, Ill. Eva T. Smiley.

Pennant-Winning Schools, with Their Teachers

Colorado

South Ward School, Greeley. Emma Fugate.

Florida

Gadsden County High School, Quincy. Nina E. Weatherly and Esther Snyder.
Quincy School No. 1, Quincy. Eva Haire and Trudie Taylor.
Leon Graded School, Tallahassee. Louise Nash.
Tallahassee Public School, Tallahassee. Mrs. D. F. Gramling, Mrs. J. C. Peel, and Kate M. Sullivan.

Idaho

Bern District School, Bern. Marintha Derricott.
Bloomington Public School, Bloomington. J. P. Patterson. (Grades 5 and 6.)
Van Wyck School, Cascade. W. C. Varnum.
Firth School, Firth. Classes of Pearl Barrett and Eula Wells.
Leadore School, Leadore. Classes of Mrs. Mamie L. Morphey, Mrs. Plum, and Maemie Reddington.
Plum School, Leadore. Mrs. Elton Peterson.
Hayden Basin, Lemhi. Cora June Logan.
Teakean School, Lenore. Class of M. E. Perry.
Lardo School, McCall. Mrs. S. E. Close.
Alton School, Montpelier. Oliver Kunz.
Emerson School, Paris. Classes of Drucilla Passey and Lessie Price.
Roseberry Graded School, Roseberry. N. Leo Matson.
Pioneer School, Rupert. Willard Hayward.
Brooklyn School, Salmon. Dorothy Hall.
St. Charles Public School. Iola Keetch and Agnes Nelson.
Treasureton School, Treasureton. Myrtle L. Cole.
Washington School, Paul. Mrs. H. A. Billows.

Illinois

Alta School, Alta. Mary M. Hiermier.
Brayton School, Ashkum. Angela Burns.
Brown School, Ashkum. Belle I. Girard.
Cleary School. Ashkum. Eileen Hendron.
Deiter School, Ashkum. Laura Karsgaard.
Dutour School, Ashkum. Lena Lanone.
Liberty Loan School, Ashkum. Harriet Mear.
Plato School, Ashkum. Della Soucie.
Ross Farm School, Ashkum. Gladys C. Fruin.
Liberty School, Ashley. Mrs. Driskill.
Maple Grove School, Aurora. Addie Maas.
Houghton School, Bloomington. Emma C. Faller.
Little Brick School, Bloomington. Mrs. Ora Weekly.
Carmi Public School, Carmi. Fay Phipps.
South Side School, Carmi. Evelyn Miller.
Wamac School, Centralia. Margaret Wayman.
Dodsonville School, Chebanse. Irene Ludeke.
Duckworth School, Chebanse. Katie A. Kelly.
Center School, Cisna Park. Mary E. Groves.
Brault School, Clifton. Medora Waurits.
Jackson School, Clifton. Julia McMahon.
Leggottsville School, Clifton. Aldaha Laurent.
Swival School, Clifton. Irene Girard.
Vanderpoorten School, Clifton. Lucille Preisser.
Walker School, Clifton. Nellie Empey.
Centenial School, Cooksville. Eileen Shanks.
Crescent City School, Crescent City. Classes of Mabel Harwood and Mrs. Richison.
Maple Grove School, Donovan. Irene Maurits.
Pleasant Valley School, Donovan. Mrs. J. E. Carr.
McKinley School, DuQuoin. Ruth Barrow.
Diamond School, Ellsworth. Mabel Blair.
Jefferson Park School, El Paso. Esther M. Anderson.
Stone Street School, Fulton. Josephine Parker.
Fulton School, Gilman. Blanche Purdum.
Haubach School, Gilman. Margaret Maher.
Oak Grove School, Gilman. Edith Cooper.
Plainview School, Gilman. Dora M. Miller.
West Cleveland School, Gilman. Viola La Roche.

Willow Twig School, Gilman. Bertha Boma.
Point Pleasant School, Greenup. Lola Yelton.
Grand View School, Gridley. Agnes O'Malley.
Haldane School, Haldane. Ethel Gilbert.
Wadleigh School, Herscher. Edith Martin.
Victor School, Hoopeston. Lillie Downey.
Walnut Hill School, Hoyleton. Helen D. Huck.
White Rock School, Kings. Beulah Dentler.
La Hogue School, La Hogue. Ella Purdum.
Bethel School, La Prairie. Mrs. Velma Harper.
Wilson School, Loda. Margaret Butler.
Liberty School, Martinton. Clara L. Adams.
Old Burg School, Martinton. Gertrude E. Harwood.
Weygandt School, Martinton. Bernice G. Cote.
Clifton School, Milford. Sadie Clifton.
Harmon School, Milford. Katheryn Marlatt.
Mitchell School, Milford. Hattie Mae Marlatt.
Pleasant Valley School, Milford. Melrose J. Lantz.
New Junction School, Mt. Morris. Royal Holden.
Carr School, Nashville. Irene Mentel.
New Minden School, New Minden. Emilie Huck.
Elkton School, Oakdale. Floyd E. Patton.
Grove School, Onarga. Irene M. Lyon.
Van Neste School, Onarga. Viola L. Minch.
Unity School, Oregon. Catherine Barnhizer.
Brick School, Pinckneyville. Gertrude Heinrich.
Brush Prairie School, Pinckneyville. Anna Herrmany.
Duncan School, Pinckneyville. Doris Bowers.
Nation School, Pinckneyville. Rose Mentel.
Ozburn School, Pickneyville. Jennie B. Pyatt.
Public School, Pinckneyville. Verne Nesbitt.
Ridgeville School, Ridgeville. Ida Purdum.
Amos School, Sheldon. Opal Day.
Hesperian School, Sheldon. Ruby Day.
New Bethel School, Sheldon. Lucille Darrough.
Wilbur School, Stillman Valley. Ella Oakes.
Compton School, Sterling. Erma Bauer.
Thawville School, Thawville. Classes of Charlotte Clarke, Nellie Jones and Mary Wealing.
Clarmin School, Tilden. Irene E. Krewinghaus.
Blue Grove School, Watseka. Clara A. Harwood.
Elgin School, Watseka. H. Edmund Pratt.
Kelly School, Watseka. Katie J. Nicholes.
Maple Grove School, Watseka. Eva J. Yoakum.
New Salem School, Watseka. Gertrude Martin.
Pierce School, Watseka. Essyl Regele.
Point Pleasant School, Watseka. Vespur P. James.
Prairie View School, Watseka. Leona A. Fox.
Sandridge School, Watseka. Ella B. Crangle.
Young School, Watseka. Mildred Messman.
Cottonwood School, Weston. Mary A. Lyons.
Willisville School, Willisville. Mildred Bradley.
Browns School, Winchester. Elsie L. Lyon.
Seminary School, Winchester. Ella Hawk.

Kansas

Engle Valley School, Iuka. Amanda Dikeman.
Beaver School, Quinter. Mrs. Andrew Weakley.
Selden School, Selden. M. K. McBride.
Studley School, Studley. Belle Davis.

Michigan

Annunciation School, Detroit. Sister M. Emma.
Liberty School, Detroit. Mrs. Celina Wykes.
Our Lady of Help, Detroit. Sister M. Lydia.
St. Boniface School, Detroit. Sister M. Alexandrine.
Dewey School, Munith. Howard Artz.

Missouri

Oak Ridge School, Chesterfield. Ruth Blair.

Montana

Circle School, Circle. Angie Decker.
District No. 12 School, Marysville. Victoria Betor.

Pennsylvania

Wilson School, East Cameron. Alethea Bullock.
Grammar School, Elysburg. Virginia Vought.
Whitney Excelsior Coal Township School, Excelsior. Peter Pehosky.
Rising Sun School, Gowan City. Warren Wagner.
Lincoln Coal Township School, Ranshaw. George A. Tuckett.
Garfield Coal Township School, Shamokin. Charles Kerstetter.
Lafayette Coal Township School, Shamokin. Ray L. Lauer.
McKinley Coal Township School, Shamokin. Geraldine Forbes.
Saint Edwards School, Shamokin. Classes of Sister Angeline, Margaret Gable, Sister F. Genevieve, Sister Mary Cyril, Sister Mary Felicia, and Sister Mary Liberata.
Trevorton Shool, Trevorton. Twila Hurlbert.

South Dakota

Adams School, Aberdeen. Classes of Ethel Berry, Esther Detjen, Margaret Gallagher, Edith Little, Linnea Rosewall, and Ruth Wilson.
Grandview School, Okaton. Mrs. M. E. Skinrood.
Okaton School, Okaton. Alma P. Titus.
West Highland School, Murdo. Mrs. J. N. Powers.

Texas

Bellaire School, Bellaire. Classes of Vertna Osborne and Mrs. O. W. Wilcox.
Garfield School, Delvalle. Classes of Louise Byrne and Maggie Gillespie.
Peter Smith School, Fort Worth, Texas. Zettie D. Ord.
Austin School, Sulphur Springs. Deborah Posey.

Utah

Central School, Heber City. Venola Ohlwiler.
Helper Central School, Helper. H. E. Kellett.
Lincoln School, Hyrum. Bessie Brown.
Lincoln School, Lincoln. J. Allen Parkinson.
Benson School, Logan. Virginia Daniels.
Whittier School, Logan. June Murdock.
Woodruff School, Logan. Katherine Creighton.
Petersboro School, Mendon. Mrs. Verna M. Sorenson.
Richfield School, Richfield. Sophia Goldbranson.
Bluffdale School, Riverton. Joseph S. Fish.
Riverton School, Riverton. Metta Carter.
Salina Public School, Salina. Lahree Nowers.
Sherman School, Salt Lake City. Sarah Bjorklund.
Central School, Wallsburg. Vera Watson.
Wellington School, Wellington. La Verd Hendrickson.

West Virginia

Pleasant Valley School, Glen Easton. C. B. Allman.
Lincoln School, Huntington. Lizzie Mae Newman.
Davis School, Maher. J. R. Davis.
Low Gap School, Princeton. R. Erastus M. Bowling.
War Eagle School, War Eagle. Lettie E. George.

Invitation to Foresters' Sanatorium

Dr. C. B. Dickson has extended an invitation to members of the National Tuberculosis Association attending the annual meeting to visit the Foresters Sanatorium which is located 25 miles from Los Angeles. Automobiles will be provided for the visitors and entertainment has been planned for them at the Sanatorium.

Prize Cup to be Named After Founder of Crusade

The Chicago Tuberculosis Institute is naming one of its silver cups which will be awarded to schools that contributed to the work of the 1922 Christmas seal campaign in honor of Charles M. De Forest, originator of the Modern Health Crusade. Eight cups will be awarded in all, of which seven have been contributed by individuals or groups of interested persons in whose honor the cups are named. The cup to be contributed by the Institute will be known as the De Forest Cup.